



RESTAURANT GUIDEBOOK



NAKATSUGAWA TOURISM ASSOCIATION

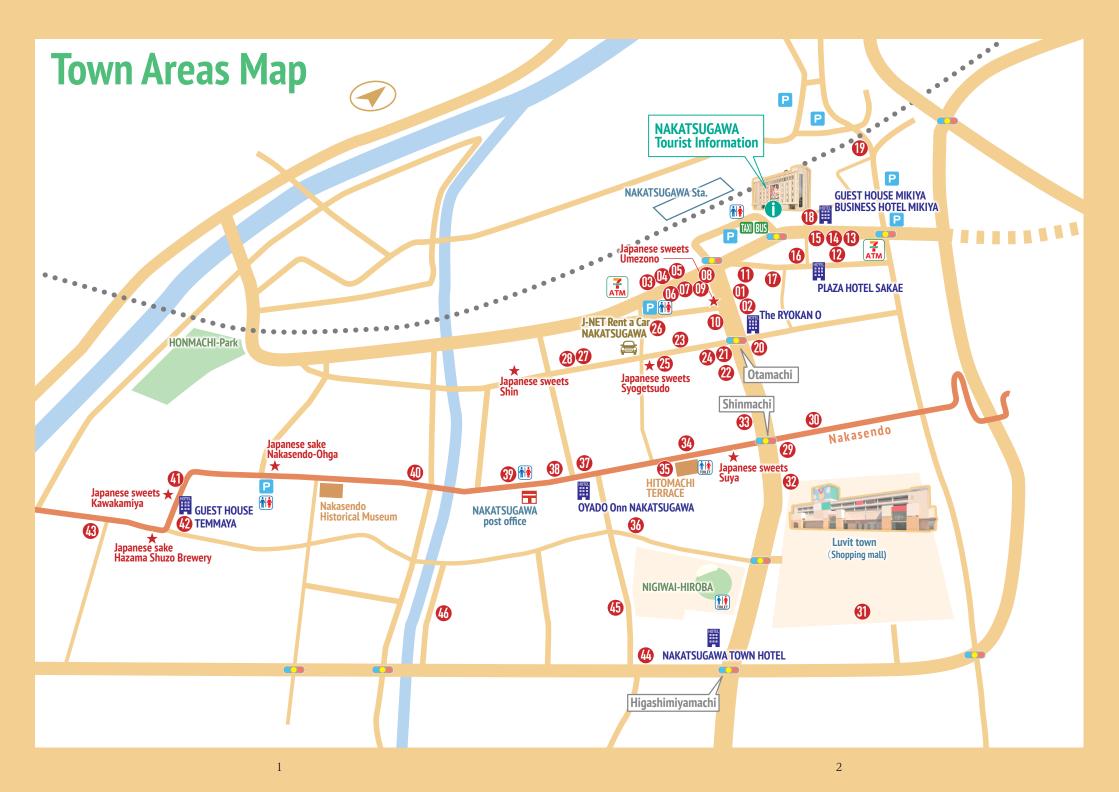
Nigiwai Plaza 1F,1-1,Sakaemachi, Nakatsugawa-City,Gifu-Pref,508-0032,Japan TEL.+81.573.66.5544

【発行】(一社)中津川観光協会 〒508-0032 岐阜県中津川市栄町 1-1 にぎわいプラザ 1 F TEL:0573-66-5544

URL:https://nakatsugawa.town

※For inquiries about restaurants, please contact each restaurant. ※店舗に関するお問い合わせについては、各店舗へご確認ください。 2025 年 6 月発行









A restaurant where you can easily enjoy dishes made. with seasonal ingredients.



There are creative dishes that make use of seasonal ingredients as well as standard menus, so please enjoy the sense of the season and the seasonal flavors to your heart's content.

Address 2-2-33 Otamachi, Nakatsugawa-City **TEL** 0573-65-2008 Opening hours) 17:30~L.O21:30 (Closed day) Irregular holidays





Sarashina [更科]

Japanese food (soba)



WEBSITE

You can enjoy soba noodles made from 100% buckwheat flour and the seasonal taste of Nakatsugawa.



Address 2-2-31 Otamachi,Nakatsugawa-City
TEL 0573-65-2075
Openinghours 11:30~Closed when
soba sold out
Closed day Irregular holidays
URL https://sarashina.jimdofree.com

You can enjoy 100% buckwheat noodles made with homemade buckwheat flour and the seasonal flavors of Nakatsugawa. Wild vegetables, Ayu fish, matsutake mushrooms, wild mushrooms, wild yam, boar meat, and more are popular.







GoogleMAP



Goheimochi specialty shop since 1943.



Our original roasty Goheimochi sauce is soy sauce based, including walnut, sesame and peanut, and it hasn't changed for 80 years since the opening.







Nishiki [焼肉 錦]

URL https://kiraku-goheimochi.com

Address 2-1-16 Otamachi, Nakatsugawa-City

TEL 0573-65-0708

(Opening hours) 10:30~17:00

Closed day Thu

()4

Yakiniku

Enjoy authentic Japanese yakiniku.



Address 2-1-14 Otamachi, Nakatsugawa City **TEL** 080-6817-7224 Opening hours $17:30 \sim 21:00$ Closed day Wed **URL** https://yakinikunishiki.com/

Using carefully selected domestic beef, we offer high-quality meat such as Kalbi and the finest beef tongue at reasonable prices. We also have a wide variety of side dishes and alcoholic beverages. Please come and enjoy a fun time while experiencing Japanese vakiniku.







GoogleMAP

WFRSITE

05 Heiwa [食事処 平和] Japanese food

An old restaurant that has been in business for 3 generations since 1946.



The name of our restaurant Heiwa means "peace" in English.We have set meals such as easy-to-eat rice bowls and Japanese dishes.



TEL 0573-65-3073 (Opening hours) $10:30 \sim 14:00 / 17:00 \sim 20:00$ Closed day) Fri

*If sold out, we may close early.



FREE

A homey and comfortable space.



Address 2F 2-3-26 Otamachi, Nakatsugawa-City **TEL** 0573-65-3773 (Opening hours) 17:00~22:00 (L.O 21:00) (Closed day) Thu **URL** https://www.yknk-tenroku.com/



About 1 minute walk from

is on the second floor.

a reasonable price.

Nakatsugawa Station. The restaurant

You can enjoy Kuroge Wagyu beef at

GoogleMAF





Address 2-3	3-24 Otamachi , Nakatsugawa-City
TEL 08	0-6949-1056
Opening hours 11	:30~14:00
18	00~20:30(L.O) (Wednesday to Saturday only)
Closed day Mo	n





Enjoy karaoke while drinking.



Address 2-3-5 Otamachi, Nakatsugawa City (Opening hours) $20:00 \sim 26:00$ **Closed day** Tue **URL** https://www.instagram.com/cafe_bar_hug/ Enjoy karaoke while sipping on the wide variety of alcoholic drinks. In addition to meal options such as curry, we recommend the Kuroge Wagyu beef steaks from Yakiniku Ten roku.

*Cover charge: 1000 yen per person



Karaoke Bar





GoogleMAP

09

10

Suzuya [寿々屋]



Original tastes only here in Japan! Yakiniku restaurant offering carefully selected Japanese Wagyu beef.



We offer premium cuts of meat by the skilled master chef at reasonable prices. You can fully enjoy the Japanese-style yakiniku. Our highly recommended specialty is the original menu "Gohei offal" found only here in Japan.

Yakiniku



Address Aomatsu Bldg. 2-3-5 Otamachi, Nakatsugawa-City **TEL** 0573-66-7683 Opening hours $17:00 \sim 24:00$ **Closed day** Irregular holidays **URL** https://nakatugawa.info/suzuya



Mainly pork loin, freshly fried crispy

cutlet, and fried shrimp are popular.

pork cutlet, homemade miso sauce

Sanyushi [三遊司]

Restaurant

Freshly fried crispy pork cutlet, miso cutlet.



Address 2-4-1 Otamachi, Nakatsugawa-City **TEL** 0573-65-2720 (Opening hours) 11:00~20:00 (Closed day) Thu







It's addicting. Please be careful.



Restaurant with delicious mapo tofu and xiao long bao. Dumplings and xiao long bao are made after receiving an order.

We are proud of our menu, so please enjoy the food, including the atmosphere.



(Address) 2-2-3 Otamachi, Nakatsugawa-City **TEL** 0573-64-2627 (Opening hours) 11:30~14:00 / 17:30~23:30 **Closed day** Irregular holidays





WEBSITE

Ichifumi [いちふみ]

12

Izakaya bar





Address 4-21 Sakaemachi, Nakatsugawa-City **TEL** 0573-66-7508 (Opening hours) 17:30~23:00 **Closed day** Sun and public holidays

You can enjoy everything from single dishes to course meals using seasonal ingredients in a relaxing atmosphere.







WFRSITE

GoogleMAP



A full belly of happiness.



A yakiniku izakaya that feels like a street food stall. Please try our recommended Tonchan(pig's offal) with special miso sauce.

Yakiniku



Address 4-27 Sakaemachi, Nakatsugawa-City
TEL 0573-67-7071
Opening hours 17:00~23:00
Saturday, Sunday, and holidays 11:00~
Closed day Wed



Teppanyaki

FREE

Teppanyaki, Yakisoba, Okonomiyaki, Wagyu steak.



Address 4-27 Sakaemachi, Nakatsugawa-City **TEL** 0573-66-8951 Opening hours) 17:30~22:30 (Closed day) Wed



We offer piping hot dishes from the iron plate and drinks to the counter

seats. You can enjoy seeing

teppanyaki in front of you.





Delicious happiness connected through food.



Chicken skin skewers served in a popular restaurant style at a great value.

Izakaya bar

It's open until late, so you can enjoy foods and drinks at your leisure. Please feel free to come by.



Address 4-27 Sakaemachi, Nakatsugawa-City TEL 0573-64-8155 (Opening hours) Weekdays/Sunday 17:00~24:00 Friday, Saturday, and before holidays 17:00~26:00 Closed day Wed



Izakaya bar



WEBSITE

Hechimaru★Sakaba [ヘちまる★酒場] 16

Popular izakaya for Hida beef



We offer dishes using carefully selected Hida beef, including Hida Beef Doteni (stewed beef tendon)! We also offer reasonably priced drinks: draft beer for 290 yen!







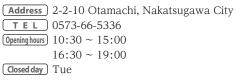


17Gojuban [五十番] Chinese cuisine

Nakatsugawa's popular local foods. Homemade thick fried noodles with the salt garlic flavor.



Founded 68 years ago. Located in front of Nakatsugawa Station. Our homemade thick fried noodles with the salt garlic flavor(Yakisoba) is very popular among locals.







Italian lunch is very popular!



Address 5-5 Sakaemachi, Nakatsugawa-City **TEL** 0573-65-2342 (Opening hours) 11:30~13:45 / 17:00~22:00 Closed day Sun or Mon

1 minute walk from Nakatsugawa Station.

You can eat rice grown in our own farm and dishes using seasonal vegetables.

In addition to set meals, the pasta made by the head chef who trained in Italy is very popular.









WEBSITE



Sushi restaurant in a sealess prefecture.



We run the restaurant with the support from the local community. We strive to provide you with delicious sushi, sake and food.



Address 6-3 Sakaemachi, Nakatsugawa-City
T E L 0573-65-3812
Opening hours) Closed for lunch. Dinner only.
Delivery available
(Closed day) Mon





WEBSITE

*The closing time of the restaurant varies from day to day.



Very delicious Chinese noodles.

20



Address 2-6-35 Otamachi, Nakatsugawa-City **TEL** 0573-64-2250 (Opening hours) 17:30~ (Closed day) Irregular holidays

The rich flavor of the bonito stock is satisfying and goes well with the special noodles!! Please try it once.









Coffee shop Yu (喫茶ゆう)



GoogleMAP

WEBSITE

Enjoy coffee and hot sandwiches at a classic Japanese Kissaten.



Enjoy coffee and hot sandwiches in a relaxed and calm atmosphere. The old-fashioned, refreshing cream soda is also popular.

Café



Address 2-5-36 Otamachi, Nakatsugawa City	
T E L 0573-65-2966	
Opening hours $7:30 \sim 17:00$	
Closed day Sun	
URL https://www.instagram.com/coffee_house_yu	u/



Unagi

Carefully selected domestic unagi.

Carefully grilled with a rich secret

It's so delicious that you can't stop

sauce.



Enjoy the best time with the best unagi



Address 1-1 Shinmachi, Nakatsugawa-City **TEL** 0573-65-2539 Opening hours 11:30~14:00 / 17:30~20:30 (Closed day) Irregular holidays



eating it with chopsticks.

GoogleMAP



Goheimochi always hot from the grill with made-on-order style.



Nakatsugawa's local food "Goheimochi" specialty shop. We grill the Goheimochis after receiving orders. The flavor is soy sauce with sesame, peanut and walnut.





Address	2-4-12 Otamachi,Nakatsugawa-City
TEL	0573-65-5014
Opening hours	11:00~15:00
Closed day	Tue, Wed, sometimes temporary closure
URL	https://ofukurogohei.com/products/list.php





24

Japanese food (Unagi)



WEBSITE

GoogleMAP

WEBSITE

Kansai-style Unagi (freshwater eel) restaurant



The unagis are grilled Kansai-style, crispy on the outside and fluffy on the inside. We recommend the unagi bowl, unagi rice box and Hitsumabushi. We also have Dashimaki egg (Japanese omelet) nd Tempura.

Address 2-5-34 Otamachi, Nakatsugawa-City 0573-65-2633 TEL Opening hours 11:30~14:00 / 17:30~20:30 (Closed day) irregular holidays

*Depending on the reservation situation we may not able to accept customers without reservations.











Japanese food (Yakitori)

Authentic yakitori specialty restaurant.



An authentic yakitori specialty restaurant that grills "Ena chicken", raised in the local Nakatsugawa area, over Kishu Binchotan charcoal. *Reservation required



Address 2-5-31 Otamachi, Nakatsugawa-City **TEL** 0573-67-9278 (Opening hours) $11:30 \sim 13:00$ (Closed when sold out) $17:30 \sim 22:30$ (Closed day) Mon, irregular holidays on Sun



Sports Bar



DINING&SPORTS BAR near Nakatsugawa Station!!



The latest darts table DARTSLIVE3 is available only in this bar in the Nakatsugawa area!Drink, play, and watch sports!



Address 2-4-20 Otamachi, Nakatsugawa-City **TEL** 0573-67-7583 (Opening hours) Mon, Wed, Thu, Sun 18:00~26:00 Fri.Sat 18:00~27:00 (Closed day) Tue





WEBSITE



() ()

Free Wi-Fi

available

28



Credit card payment OK

Korean Izakaya Pocha Pocha [韓国居酒屋ポチャポチャ]

English-speaking staff available

English menu

English menu

Korean izakaya

available

There are lots of dishes that go well with alcohol, such as everyone's favorite "Samgyeopsal", "Gimbap", and "Chijimi" !

4179



Address 3-4-16 Otamachi, Nakatsugawa-City TEL 090-9187-2929 (Opening hours) Wed, Thu, Sun 17:30~23:00 Fri.Sat 17:30~26:00 (Closed day) Mon, Tue





WEBSITE

Vegetarian dishes

WFRSITE

available

Monji [囲酒屋 もん爺]

Izakaya bar

Keichan-yaki, a local dish of Gifu Prefecture.



Grilled pressed squid, a delicacy only available in Nakatsugawa. A la carte dishes such as the most popular addictive chicken and iron plate dishes such as Keichan-yaki are also available.

Address 3-4-13 Otamachi, Nakatsugawa-City **TEL** 0573-66-5110 (Opening hours) $17:00 \sim 24:00$ (Closed day) Thu



CARD



GoogleMAP

WEBSITE

29 Ronda

Bar

Relax and enjoy Ronda's cocktails and cuisine.



Delicious cocktails in a cozy atmosphere. Also enjoy special meals. *Cover charge is 1,000yen per person



Address Nakayama Building 2F 3-24
Yodogawacho,Nakatsugawa-City
T E L 080-2655-9895
Openinghours) Tue to Thu, Sun 18:00~24:00
Fri,Sat 18:00~2:00
Closed day Mon, 1st Tue, 3rd Sun



A specialty coffee shop where you can spend a blissful time.



Address 2-25 Yodogawacho, Nakatsugawa-City **TEL** 0573-84-1520 (Dpening hours) 8:00~17:00 (L.O 16:30) (Closed day) Thu (Open on public holidays) **URL** https://riverbedcoffee-brewer-roastery.com A comfortable cafe where you can relax and relieve the fatigue of your travels.

Café

You can spend a blissful time in a cozy atmosphere.





Because the rice is delicious, the meat is delicious!

HELLO



Credit card

Free Wi-Fi

<u></u>

Fresh meat at a low price! ! You can order on the touch panel slowly. The all-you-can-eat menu with a wide variety of side dishes is very popular! ! Please enjoy your meal!



English-speaking English English menu

Address 3-8 Yodogawacho, Nakatsugawa-City TEL 0573-64-8007 Opening hours) 11:00~15:00 $17:00 \sim 22:00$



Japanese food



WERSITE

Vegetarian dishes

ailable

32 Ibuki (お食事処 伊吹)

You can enjoy japanese set meals casually.



Address 3-20 Yodogawacho, Nakatsugawa City TEL 0573-65-7543 (Opening hours) 11:00 ~ L.O14:30 17:00 ~ L.O19:30 (Closed day) Wed **URL** https://www.instagram.com/ibukinotsuru/

There is a wide selection of Japanese cuisine such as fried chicken, chicken cutlet, pork cutlet, ramen, udon, soba, and tempura. We recommend for dinner for hotel guests and tourists.

Please enjoy the taste that the chef is proud of.









Bishamonten [毘沙門天]

Shabu-shabu with Wagyu beef.



You can enjoy a course meal that comes with shabu-shabu. We also have sake and wine that go well with the dishes. You can also order single dishes. Please enjoy Japanese shabu-shabu.



Japanese food

(Shabu-shabu)

(Address) 2F, Sugai Building 1,1-12 Shinmachi, Nakatsugawa-City **TEL** 0573-64-2272 Opening hours 17:00~22:00 Closed day Mon **URL** https://shabushabu-bishamonten.foodre.jp/





Japanese food (Soba)

Handmade soba noodle restaurant where you can also enjoy drinking sake.



We have a large selection of local sakes and offer a variety of dishes. You can enjoy soba and also an izakaya-style dinner in the evenings.



Address	1-20 Shinmachi,Nakatsugawa-City
TEL	090-4164-5284
Opening hours	11:00~14:00 / 17:00~21:00
Closed day	Mon, sometimes temporary closure





*Last order is 30 minutes before closing. Limited quantity



Enjoy authentic wood-fired pizza.



An Italian restaurant that focuses on handmade Neapolitan pizzas baked in an authentic wood-fired oven.

Please check the homepage for details.



Address 2-29 Shinmachi, Nakatsugawa-City **TEL** 0573-66-7717 (Opening hours) 11:30~14:30 (L.O 13:30) 17:00~22:00 (L.O 21:00) Closed day Mon. Thu **URL** https://kisaku2005.com/

36

TEL

0573-64-2882



Japanese food

A renovated building that was used as a hideout by Katsura Kogoro, a

retainer of the Choshu clan, serves

local food such as wild vegetables,

mushrooms, wild game meat, and

After 9pm, it becomes a bar where you can enjoy wine and sake.





GoogleMAI

Taste local cuisine in a historic building.

? Address 4-11 Shinmachi, Nakatsugawa-City Opening hours) Dinner 18:00~ (reservation only)

Hida beef.



Bar 21:00~23:30 **Closed day** Due to the procurement of ingredients, we will be closed irregularly. Please contact us by phone.

URL https://www.instagram.com/yakeyama.nakatsugawa (Instagram)



Chicken House Nakatsugawa [チキンハウス 中津川店] 37



Restaurant specializing in "Ena chicken" raised locally.



Meals are served using fresh Ena chicken. Local cuisine "Keichan" and grilled chicken "Toriyaki" are also popular.

Ena chicken

specialty restaurant



(Address) 5-20 Shinmachi, Nakatsugawa-City **TEL** 0573-65-4129 (Opening hours) $11:00 \sim 14:00 / 17:00 \sim 22:00$ Closed day Wed **URL** https://chicken-h.jp/





Yakiniku

You can taste various parts of Hida beef



(Address) 8-5 Shinmachi, Nakatsugawa-City **TEL** 0573-89-0054 (Openinghours) Mon to Fri 17:00~23:00 Sat.Sun 15:00~23:00 (Closed day) Tue











Local famous 70-year-old café.



Please enjoy our specialty "meaty minced meat sauce spaghetti" that has been loved for 50 years!



(Address) 8-13 Shinmachi, Nakatsugawa-City TEL 0573-65-2814 (Opening hours) 8:00~14:30(L.O) Closed day Wed, Thu **URL** https://www.tanakanomeat.jp





WERSITE

Airo [笑処あいろ]

40



Eat, drink and laugh. Obanzai and sake restaurant.



Address 1-12 Honmachi, Nakatsugawa-City **TEL** 080-7342-4853 (Opening hours) 17:00~23:00 (Closed day) Sun

A restaurant where you can enjoy seasonal ingredients and sake. There are many kinds of obanzai (traditional home cooking) and sake that you can drink and compare. Today's rice balls and miso soup are also available.













Izakaya with a variety of dishes.



We offer side and main dishes. noodles and various kinds of dishes featuring local vegetables, fishes and Nakatsugawa's local sakes.



Izakaya bar

(Address) 3-17 Honmachi, Nakatsugawa-City **TEL** 0573-66-0221 (Opening hours) 17:00~ Closed day Wed *Cash only



Café



holidaypark roastworks [*リデーパークローストワークス]

Authentic coffee and muffins to enjoy at a cafe renovated from an old folk house.





This cafe is located in Nakatsugawa-juku, Nakasendo, in a renovated 140-year-old private house.

You can enjoy hand-drip coffee made with home-roasted coffee beans, espresso, muffins made with seasonal fruits, and more.







WEBSITE







44

A

Free Wi-Fi

available

43

English-speaking staff available



We offer carefully selected coffee at

We also have sweets available, so

please enjoy your time in a relaxing



Yebisu Coffee [えびすコーヒー]

MAKE TO BE HAPPY.



(Address) 1-23 Ebisu-cho, Nakatsugawa City **TEL** 0573-65-8864 (Opening hours) 10:00~16:00 (L.O 15:30) Closed day Tue



Café

an affordable price.

space.



English menu Vegetarian dishes available available

Tiny Pizza (Saisai+Cinnamon) [タイニーピザ(サイサイ + シナモン)]

Credit card

New York style tiny pizza stand.

payment OK



Enjoy our freshly baked NYC-inspired pizzas at our counter or terrace seating. Takeaway options also available. You might get lucky with our occasional homemade bread sales too.Check our Instagram for business hours.

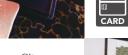
Pizza and Bakery

45 Sushimasa [寿司政] **Japanese food** (Sushi)

Please enjoy sushi and sake in the tatami room.



We offer a sushi set meal which also can be an appetizer for both lunch and dinner time. There are private rooms, so please feel free to visit us.



(Address) 3-6 Ebisu-cho, Nakatsugawa-City **TEL** 0573-65-4836 (Opening hours) 11:30~14:00 / 16:00~22:00 Closed day Mon





GOODWINE GOODMUSIC GOODLIFE



This is a restaurant where you can enjoy delicious drinks and creative cuisine in a luxurious space. Enjoy your time surrounded by soothing music.

cuisine





GoogleMAP



Nakatsugawa City Tourist Information Center

We provide sightseeing information of Nakatsugawa.Please feel free to drop by. Nigiwai Specialty Museum

We sell specialty products, including Japanese sweets from Nakatsugawa.





Sales period March to December



Address Nigiwai Plaza1F 1-1 Sakaemachi, Nakatsugawa-City TEL TEL 0573-62-2277

8:30~18:00 Opening hours (Closed day) December 29th to January 3rd 3rd Sunday in February

URL https://nakatsugawa.town/



JAPAN TRAVEL INSURANCE TOKIO OMOTENASHI POLICY

Tokio Marine & Nichido Fire Insurance Co., Ltd.





J-NET Rent a Car NAKATSUGAWA

3-4-5 Otamachi, Nakatsugawa-City Address 0573-65-1154 TEL



WEBSITE